

Ama

*The official
publication
of the*

**OUTRIGGER
CANOE CLUB**




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Victoria Place Residence 01

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WARD VILLAGE

JANUARY / FEBRUARY 2020

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On the cover:
Candes Gentry rounds the turn buoy
in the 2019 Castle Swim.
Photograph by Hayden Ramler.

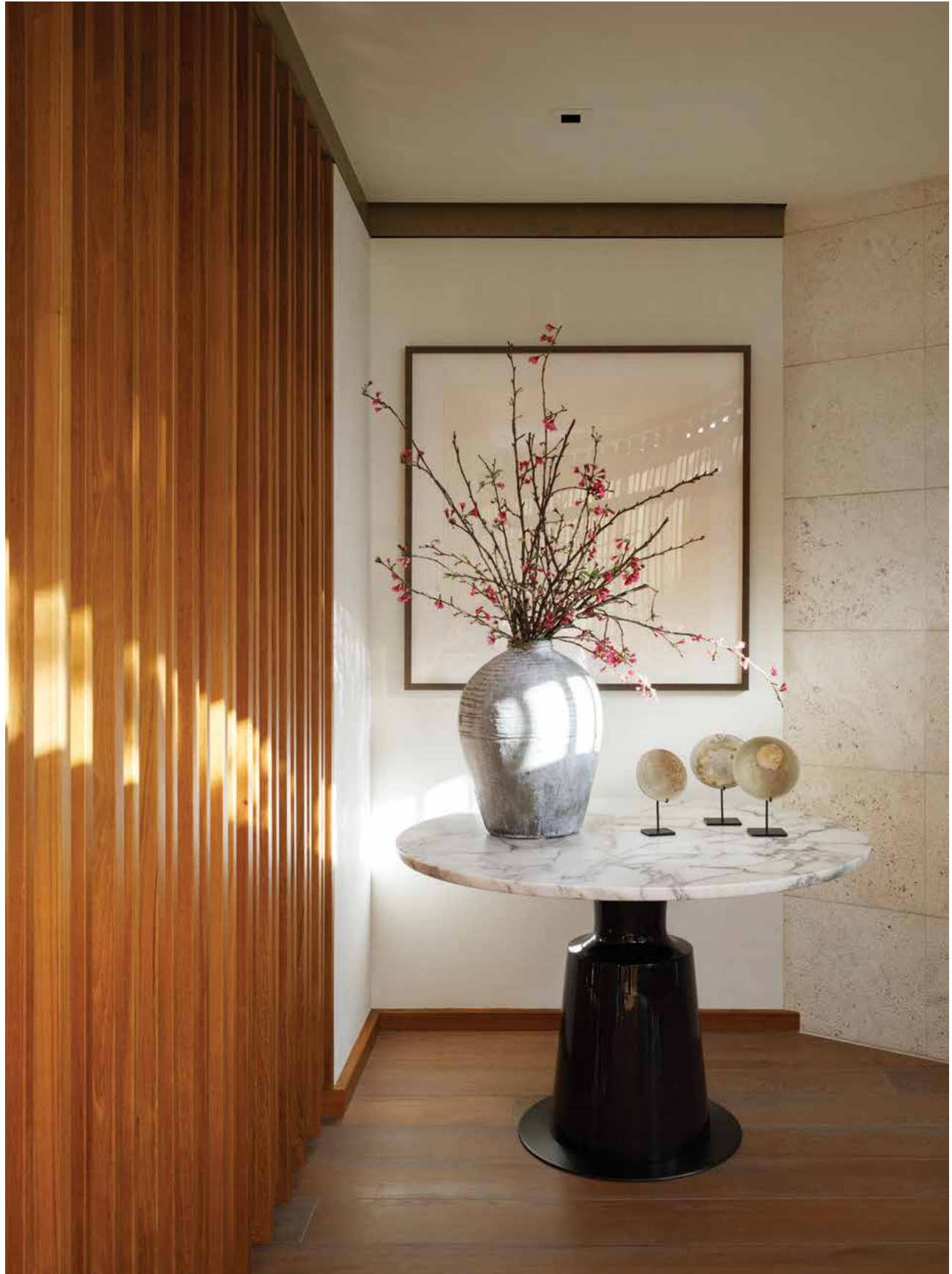
Ama



**Outrigger
Canoe Club**

The official publication of the Outrigger Canoe Club is titled Ama to honor the Club's lineage. The outrigger of a canoe is called an Ama in 'Ōlelo Hawai'i (Hawaiian Language). It was a nautical innovation that allowed the Polynesians to efficiently navigate the rough waters of the Pacific. The Ama is also the port hull of a double-hulled canoe, which is the vehicle that brought the Hawaiians to these beautiful islands.

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HAPPY NEW YEAR to everyone in our Outrigger Canoe Club 'Ohana!



Robert Durkin and
Paraluman Stice-Durkin

As I consider the end of 2019 and the start of 2020, I can't help but be reminded of all that we've accomplished in the past year. We began the year with a member meeting to discuss the direction of the new adult and junior paddling programs.

Despite the challenges, our programs completed the 2019 season with many successes—including winning the Fourth of July Macfarlane Regatta, Dad Center Race, placing second overall in Na Wahine O Ke

Kai, and winning the Koa and Junior divisions in the Molokai Hoe. The partnership with Ka Lahui Kai and OCC has concluded and the Canoe Racing Committee is currently developing a comprehensive plan for the Open and Junior programs that takes advantage of lessons learned, as well as the successes of the 2019 OCC Open and Junior programs. A high bar has been set and the Canoe Racing program is eager to meet those expectations.

January 2019 saw the launch of our new *Ama* magazine and this month marks its first anniversary. The bi-monthly format has afforded an in-depth exploration of our dynamic membership, valued employees and unique Club services. The publication continues to fine-tune its content and format, but overall the feedback has been positive and the transition smooth. Don't forget member-written articles and ideas are always a welcome addition!

A multi-disciplinary subcommittee involving members of the Board, House, Buildings & Grounds, Long Range Planning and Finance committees met throughout 2019 to define and redesign the Snack

Shop kitchen and common area. With the goal of optimizing the capacity of the kitchen services and enhancing member experience, this valued area of the Outrigger Canoe Club is set to be under construction for eight weeks starting January 20th. The Snack Shop has not had a facelift since its unveiling in 1964, so we ask for your patience during this long overdue renovation. Given the broad base of member-driven input, I am sure the reengineered Snack Shop will continue to be a valued part of the member experience for generations to come!

It's been a pleasure to serve as President of the Outrigger Canoe Club this last year! Please mark your calendars for the Annual Meeting on February 10, 2020, at 5:30pm where I hope to see as many of you as possible!

Aloha

Robert C. Durkin
President

HAPPY NEW YEAR! It's hard to believe another year has come and gone. Thank you for an incredible 2019 and for letting me be part of your family... I love being here at the Club, and look forward to spending another exciting year with the OCC 'Ohana.



So 2020—here we come! OCC kicks off this year with a bang—and a much-needed Snack Shop remodel. Please pardon the interruption as we begin demo and construction at the end of January. Everyone involved in this project knows how important this space is to all of our members and the importance of getting it right. I want to thank everyone who has been involved with this process as well as everyone who has shared their feedback. With improved kitchen design and equipment to provide

for greater efficiency and a better working environment for the staff, we know you won't be disappointed with the results.

In the meantime, we still want to be able to provide breakfast, lunch and snack service to you. Breakfast will still be available with a temporarily smaller menu coming out of our main kitchen. Ordering will be easy from a

designated area in the Ka Mo'i Boathouse. The same friendly Snack Shop staff will be in the main kitchen or helping on the floor to deliver those Snack Shop favorites that you have come to love and enjoy. Orders will be delivered to you in the Hau Terrace or the bar area.

For lunch, we will have a "Beach Grill" pop-up in the beach area. We will be cooking hot dogs, hamburgers, and some of your other favorites for lunch and afternoon service. The Beach Grill will be open from 11:30am to 3:00pm for your convenience.

We hope you'll swing by for breakfast or lunch during the renovation to see the progress.

From my family to yours, Happy New Year!

A handwritten signature in black ink, appearing to read "Tyler Roukema". The signature is fluid and cursive.

Tyler Roukema,
General Manager

The Stories of O— Share Yours

➡ **The Outrigger Canoe Club is a cache of amazing tales** that reflect not only the history of the Club, but of the place it is a part of. And OCC members are the only ones who can tell them. Ama wants to continue the Club's storytelling tradition by featuring your memories and experiences. Send your pitch to ama@outriggercanoecub.com. We're looking for a paragraph of up to seven sentences—tell us the who, what, why, where and when of your story—and photos if available.



The LOBBY

CLUB HAPPENINGS,
CELEBRATIONS & EVENTS

This
Way In



ILLUSTRATION BY RON CORCI

Stew & Rice: John Clark on Waikiki Surf Spots

► **Lifelong surfer and paipo rider**— and author of the indispensable reference book *Hawai'i Place Names: Shores, Beaches and Surf Sites*—John R. K. Clark headlines the Historical Committee's next Stew & Rice session with *Surf Spots in Waikiki: The Stories Behind the Names.*

The former lifeguard and deputy fire chief is an engaging and educational speaker and this evening about the history behind the names of Waikiki's famous surf spots is sure to sell out. Book your seat early at the Front Desk or through the OCC App or website. In addition to a fascinating presentation and good company, you'll enjoy a delicious buffet dinner, and, if you are lucky, one of our legendary sunsets.

Pictured above is a map by surf artist Ron Croci identifying the Hawaiian names of several Waikiki surf spots. "I gave Ron the Hawaiian and English names and their locations, and he drew the map," says Clark. ■

DATE: Tuesday, January 21,
5:30 — 8:30pm

SAVE THE DATE: Stew & Rice Series 2020

March 24	Tuesday	Rapa Nui / Mara Mulrooney, archeologist
June 23	Tuesday	The Nature Conservancy Hawaii/ Palmyra Atoll
Aug 24	Monday	Kanikapila
Oct 20	Tuesday	TBA
Dec 8	Tuesday	TBA

Member Profile

Douglas Hiller Inducted into Triathlon Hall of Fame

By Lesa Griffith



➔ **Longtime OCC member Douglas Hiller** was inducted into the International Triathlon Union Hall of Fame in August. He was also jointly honored with Sergio Migliorini, MD, with the ITU's Michel Gignoux Award, which recognizes individuals who have

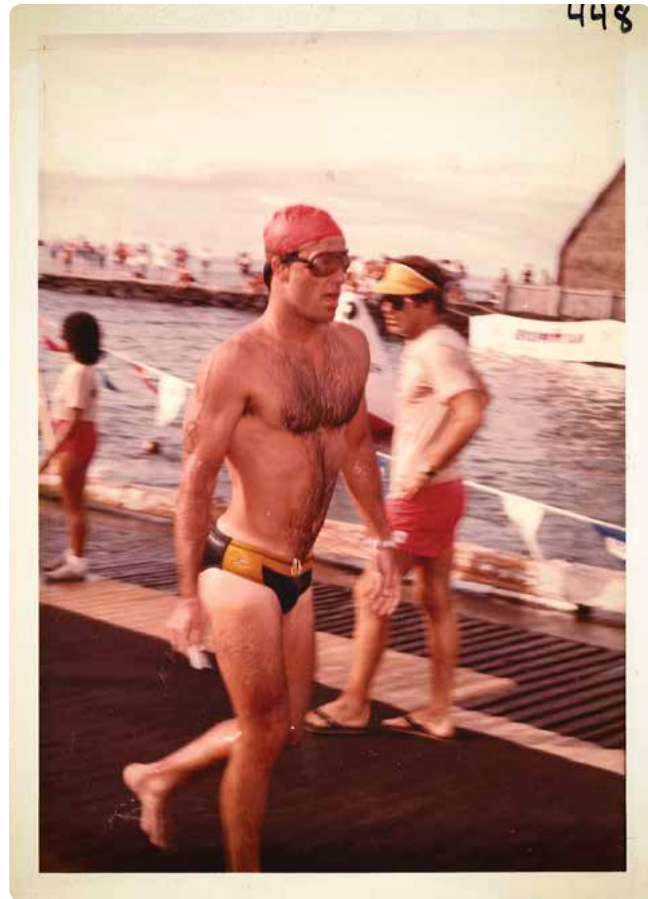
made an outstanding contribution to the sport of triathlon. Dr. Hiller was chair of the ITU's medical committee from 1994 to 2008, and Dr. Migliorini was his successor. In addition, he has been named as chief medical officer for the 2020 Paralympic triathlon in Tokyo.

At the induction ceremony in Lausanne, Switzerland, the ITU said it is indebted to the doctors "for their incredible work in formulating the first-class medical plan that we continue to follow in order to achieve our most important goal as triathlon's world governing body; ensuring the health and safety of our athletes."

Hiller is a specialist in endurance sports. He has done extensive research with athletes, focusing on the effects of fluid intake during races. He continues to treat and study sports-related injuries.

Raised in Kāneʻohe, Hiller is a Punahou graduate and now divides his time between a home in Waimea, Hawai'i Island, and Colfax, Washington, where he works at Whitman Hospital. "When I joined the Outrigger Canoe Club 25 years ago, I was attracted to its strong focus on athletics and friendship. That's why I held a celebratory dinner for the International Triathlon Union at the Club in 2005," says Hiller.

He was on the Punahou swim team from seventh to twelfth grades, and started paddling at the Club (though his 1995 Molokai Hoe was



Go, doctor, go!: Doug Hiller in the 1982 Ironman.

with Lanikai's senior men's crew). His passion was bodysurfing, but watching legend Mark Cunningham bodysurf for the first time made Hiller "realize then that my true career lay in medicine. We have laughed about that over the years." He is also an accomplished sailor, and has crewed in two Los Angeles-to Honolulu Transpacific Yacht Races, and one Los Angeles to Tahiti Transpacific Yacht Race. When he found himself getting out of shape as a medical student at the Jefferson Medical College in Philadelphia, Hiller was inspired to train for his first triathlon. "I loved the idea of the obvious physical and mental challenge of Ironman—plus it was a great excuse to go home! My swim workouts were in a 20-yard pool in the Med School basement—5,000 yards three to five times per week." He would run through Philadelphia's Fairmount Park and up the "Rocky's steps" to the Philadelphia Museum of Art, and ride his bike through the rolling hills around the city.

The three-time Kona Ironman finisher has been a medical volunteer for the race for 35 years, serving as research coordinator, assistant medical director, medical director, and chief physician. He served as a medical official for the ITU for 20 world championships as well as the Sydney 2000, Athens 2004, and Beijing 2008 Olympic Games, and the Rio 2016 Paralympic Games. The triathlon made its Olympic debut in 2000. ■



Team spirit: (clockwise from top) Judy Dobovan, Nora Mejjide-Gentry, Candes Gentry, Patty Pian, Lori Shigekane, Jackie Guild and Mary Jones; under the Christmas tree; the junior member volunteer crew.

Three Cheers for New Holiday Design Crew

➤➤ **Christmas may be over**, but who can stop thinking about how member Mary Jones and her volunteer Decorating Committee made the Clubhouse merry and bright? For their holiday decorating debut, they took the Club's holiday ornaments and accents to another level with their own creative takes on reducing, reusing and recycling. The results were phenomenal as well as timely as the island gets serious about plastic waste and climate change.

Members were greeted by a wreath of all plant materials—most of it dried to last and keep its shape—as well as a display and reception hanging of lauhala, shells, raffia and driftwood. On the tree were a mix of the Club's existing ornaments and new handmade

creations, many of them featuring natural materials such as lauhala, tapa and shells. Jones plans to reuse all of the ornaments in the future.

Perhaps the most innovative and site-specific decoration is was the Snack Shop's festive wreath and garland ornaments made of beach waste—rope, plastic and driftwood.

Longtime holiday decorator Margaret Puder left big snowshoes to fill, and Mary has risen to the occasion. A big mahalo to her squad— Judy Dobovan, Candes Gentry, Nora Gentry, Jackie Guild, Whitney McCallum, Patty Pian, Lori Shigekane, Kim Smith and Kristin Watumull, as well as a super crew of junior members. ■



Pictured, left to right: Heath Hemmings, Beth Anderson, Meaghan Hemmings, Portuguese surfer André Rodrigues, Fred Hemmings and Madeira President Miguel Albuquerque.

Fred Hemmings Explores His Portuguese Roots

➤➤ In November, Hawai'i surf legend and former state senator—and Club member—Fred Hemmings traveled to Madeira, where the family of Hemmings' mother, Lillian Bernice Freitas Hemmings, left for Hawai'i in 1883. Accompanying him were two of his children, Heath and Meaghan.

While there, Hemmings and his family met with President of the Regional Government of Madeira Miguel Albuquerque and attended a reception for him at the Clube Naval do Funchal (Funchal Yacht Club), where Vice Commodore Marcelo Melim and Board Secretary Cristina Quaresma, as local surfers greeted the Hawai'i icon.

Melim said Hemmings' visit was an historic moment for his club, for surfing, for the youth, and for the protection of the environment.

Hemming talked about his life and surfing, Hawai'i's multicultural fabric, and his pride in his Madeiran heritage and the connections between the two archipelagos. He ended his talk with the mention of the possibility of creating a reciprocal partnership between Outrigger and CNF. Get ready to book your ticket to Funchal! ■

OCC's New Online Presence

outriggercanoecub.com

➤➤ In November, the Club launched its new website and upgraded App. The Member Relations Committee worked with the Club's software and data provider, Global Northstar, to bring you a more user-friendly online experience with easier navigation and improved features. The image-driven site's design also better reflects the Club's present and past with eye-catching photographs.

Access to the new website remains the same: Use your member number, with zeros added to the beginning to make it a total of five digits, and your password. If you are logging in for the first time, please use the same five-digit number as your password,

and you will be prompted to set a new password. If you haven't yet downloaded the OCC App, it's available in the Apple Store and Google



Play. It's free and easy to install—log in is the same as the website.

Need assistance accessing the website or the App? Please email occweb@outriggercanoecub.com and we can get you set up. For your security, please do not include your member number in your email.

Corrections: Nov/Dec 2019

Page 9: It is the *Ka Mo'i Boathouse*, not the *Ko Mo'i Boathouse*.

Page 41: Sala Liu is a *Snack Shop* employee, not the supervisor. Lisa Gose remains the *Snack Shop* supervisor.

Tide Calendar: Jellyfish warning dates were incorrect. The correct dates were November 20–22 and December 19–21.

Calendar



UPCOMING EVENTS

JANUARY 1	Wednes.	New Year's Day
January 3	Friday	Reading 'Riggers
January 13	Monday	OCC Employee Christmas Party / Club closes at 5pm
January 21	Tuesday	Stew & Rice
FEBRUARY 2	Sunday	Super Bowl Party in the Ka Mo'i Boathouse
February 10	Monday	OCC Annual Meeting at 5:30pm
February 14	Friday	Valentine's Day
February 21	Friday	Reading 'Riggers (Date change)
MARCH 6	Friday	Reading 'Riggers
March 17	Tuesday	St. Patrick's Day
March 24	Tuesday	Stew & Rice



Presidential Summit

Former Club leaders gathered for the Annual Past Presidents' Luncheon on Dec. 13. Their terms and experience span decades—that's a lot of OCC knowledge and stories in one room.

Standing, left to right: Brant Ackerman, Alan Lau, Chris McKenzie, Jeff Dinsmore, Glenn Perry, Jon Whittington, Vik Watumull, Greg Moss, Dustin Sellers, Walter Guild, Peter Balding, Karl Heyer, IV, Bob Moore. Seated, left to right: Hal Henderson, Marc Haine, Mark Buck, Barbara Stehouwer, Current President Rob Durkin, Jimmy McMahon

Reading 'Riggers



➤➤ **Feed your brain**—join the Club's book club. Reading 'Riggers is usually held the first Friday of each month at 10am in the Duke Room. The featured books are updated in the weekly enews and on the monitors in the Clubhouse. Guests are welcome!

UPCOMING SCHEDULE

Feb. 21* *Aloha Rodeo: Three Hawaiian Cowboys, the World's Greatest Rodeo, and a Hidden History of the American West* by David Wolman

March 6: TBD

April 3: *Sugar Water* by Carol Wilcox. The author, an OCC member, will be present.

**Please note: The date is the third Friday to accommodate Michael Purdy of Maui, grandson of Hawaiian paniolo Ikua Purdy, who is featured in the book.*



Board of Directors Election & Annual Meeting—Cast Your Vote!

DATE: Monday, February 10, 5:30pm

➤➤ **The Board of Directors Election is coming up**—online voting is open and ballots have been mailed to all eligible members. Members may use either method to vote, but only one method of voting will be counted. Candidate photos and brief biographies are posted in the Lobby. The deadline to return your ballot or vote online is Friday, February 7, at 5pm.

The results will be announced at the Annual Meeting on Monday, February 10 at 5:30pm in the Koa Lanai. ■



Fresh Catch

Executive Chef Mark Gedeon's new Koa Lanai menu will reel you in

BY LESA GRIFFITH / PHOTOS BY SEAN MARRS

On Dec. 1, executive chef Mark Gedeon held an all-staff meeting. His kitchen team cooked all 28 dishes of the new Koa Lanai dinner and lunch menus. Gedeon walked everyone through the tempting creations, step by step, talking about the flavor profiles and presentations to ensure that everyone, from the cooks executing them to the servers selling and serving them, knows their stuff. “So nothing is a surprise to anybody,” says Gedeon. ➔

Shiso Crusted Local Catch served with Okinawan Sweet Potato Mash, Broccolini and Wasabi Beurre Blanc



It was the culmination of a month of testing out the appetizers, salads, and entrées as specials, perfecting preparation and service. “Servers got to taste them, kitchen got to practice cooking them, so when we rolled the new menus out, we were able to put our best foot forward,” says Gedeon.

Three days later, Koa Lanai diners were greeted with the new menus. If it now feels like the Outrigger Canoe Club is home to a destination Hawai‘i Regional Cuisine restaurant, that’s because it is. Born and raised on O‘ahu, Gedeon is one of the many top island chefs who came up through Roy’s restaurants, starting off as a dishwasher at the Hawaii Kai location. He worked his way to sous chef and was the opening sous chef of Roy’s Waikiki. After 12 years with Roy’s, he further developed his craft and management skills with stints at Tiki’s Grill & Bar, in catering, and as a consultant. Upon joining the Outrigger Canoe Club three years ago, Gedeon found himself at “one of the best places I’ve ever worked.”

“I love to find out what members want and do my best to make it happen!”

—Chef Mark Gedeon

He has reimaged the Koa Lanai as a grade-A Pacific Rim fish house, emphasizing surf over turf, to go with the inimitable oceanside setting. Where there was a single fish dish, now there are three ways to enjoy a catch of the day, as well as a tempting lineup of seafood appetizers, pastas and maki rolls.

The catch of the day might be mahimahi, opah, kajiki or opakapaka, depending on what is good at the Honolulu Fish Auction that morning. “There are only a couple of items that are not local, otherwise all the



Left to right:
Blackened Ahi Steak,
Ahi Tartare Tower,
Grilled Tako

seafood is from Hawai‘i,” says Gedeon, who has developed great connections over the years to get the freshest, highest quality fish straight from the auction. He plans to take his staff on a field trip there, “so they can see how good fish doesn’t come from a blue tray in the supermarket and understand what it takes to get it from there to here. It’s about training someone how to be a chef in the long run, not just to cook.”

During the testing period, the visually stunning shiso-crusting fish preparation with wasabi-beurre blanc sauce and mashed Okinawan sweet potato was a hit. You can now also get your fish steamed Cantonese style with shoyu, ginger and Chinese parsley (Gedeon recreated a vintage Club preparation as closely as possible based on his research).

Gedeon sees menu development as a team effort, encouraging staff to share ideas that he then incorporates, putting his vision or twist on it. “If everyone buys in on [the menu], then everyone has investment in it and has the same drive and passion to try and see that we make the best possible product,” he says.

He also takes feedback from members seriously.

“We read all the comment cards,” says Gedeon. “I get a lot of my specials ideas from the members who say they miss the brownie or the Cantonese-style fish. I love to find out what members want and do my best to make it happen! At our Stew & Rice and other banquet events, people are always asking us to put the vegetable curry on the menu, so we did,” says Gedeon.

Increased requests for vegetarian options means there is now a roasted cauliflower steak and a hearty chopped salad that borrows the flavors of a Chinese chicken salad, minus the bird. If you want to add some nicely grilled chicken breast, the kitchen is happy to oblige. “We tried to look at what every member would want on the menu and create something that would appeal to everyone,” says Gedeon.

Still, you can spot the hard-working chef’s personal touches in the contemporary, forward-thinking menu. The new tako appetizer, a whole tentacle shellacked with Korean gochujang and grilled until the red sauce’s sugars begin to caramelize, is a nod to his favorite post-work snack back in his restaurant days.

A cheesy new appetizer is inspired by General ↪



Manager Tyler Roukema. Gedeon learned that Brie en croute is a favorite of Roukema's when it comes to parties, so the chef created this sweet-and-savory version that also includes Boursin cheese and orange-fig compote wrapped in puff pastry.

The dinner menu now has one steak offering—a classic ribeye with a buttery peppercorn sauce—as well as a pork chop and a chicken option. Gedeon will make seasonal changes to the dishes as the year progresses.

The new menus, designed by Communications Director Autumn Woods, feature a vintage club image of a canoe with Diamond Head in the background, adding to the relaxed fish house concept.

Gedeon started on his culinary path at a young age. His father, born in Beirut, Lebanon, attended hotel school in France, and worked in food and beverage around the world. After settling in Honolulu, he opened La Rotisserie, an eatery in Ala Moana's Makai Market. Gedeon and his siblings helped out in the back with prep work such as peeling carrots. As he got older, Gedeon also worked the front. "I didn't like doing the register and interacting with people but I really enjoyed working with my hands creating things," he recalls. "Seeing people get excited about food was the feeling I liked. That's where it all started." And it's what continues to motivate him today. ■

NEW KOA LANAI MENU HIGHLIGHTS

Beef 'n' Reef Tataki Roll: Thinly sliced tataki-style steak on the outside, shrimp tempura on the inside, with an accent of lemon aioli.

Grilled tako: Whole tentacle glazed with gochujang sauce with a side of kim chee.

Seafood puttanesca: Linguine packed with New Zealand green-lipped mussels, Manila clams, calamari, prawns and local fish simmered in white wine and tomatoes with fennel and capers.

Ahi tartare tower: This classic is served atop a disc of avocado and crowned with masago.

Catch of the Day: Take your pick of three preparations—steamed Cantonese style, pan-fried with shiso leaves, pan-fried with a crust of black and white sesame seeds.

Cauliflower steak: Vegans get a meaty option with this fire-roasted "filet" in a balsamic beurre blanc, served with Okinawan sweet potato mash and sautéed spinach.



IMAGE IS EVERYTHING

Winners of the 2019 Outrigger Canoe Club Photo Contest

➡ **BETWEEN INTIMATE ISLAND ACCESS** and jet setting travels, Outrigger Canoe Club members have all the right angles when it comes to the annual photography contest. This year, 23 snap-happy members submitted 101 images, and the selection process wasn't easy. ➡

Congratulations to grand prize winner Jay Freis, whose shot of a snowboarder in mid-flight captivated the judges. The Photo Contest is sponsored by the Member Relations Committee. A big mahalo to the members who participated.



Arturo
Jay Freis

JUDGES' NOTES:
Incredibly dynamic action shot. Great composition, giving space to powder that makes the rider's flight all the more impressive.

Ama Creative Director Warren Daubert and contributing photographer Sean Marrs served as judges, carefully going over each photograph. “There were a lot of amazing entries and it was so tough to choose,” said Marrs, who took the delicious images for the article on the new Koa Lanai menu on p. 13. “I am drawn to visually impactful photos that pull me in and tell compelling stories—photos that hint at the complexity of emotion or personality of the subject, frozen frames at the critical moment, photos that leave me wanting to know more about what is happening in the scene or even wondering what happens in the next frame. Being able to see the world through someone else’s point of view is always inspiring to me.”



FLORA

Roots

Corin Gentry

PHOTOGRAPHER'S COMMENTS: “The strength, determination, power of our roots, running deep, within our body and soul, are manifested in nature and represented in this photograph.”

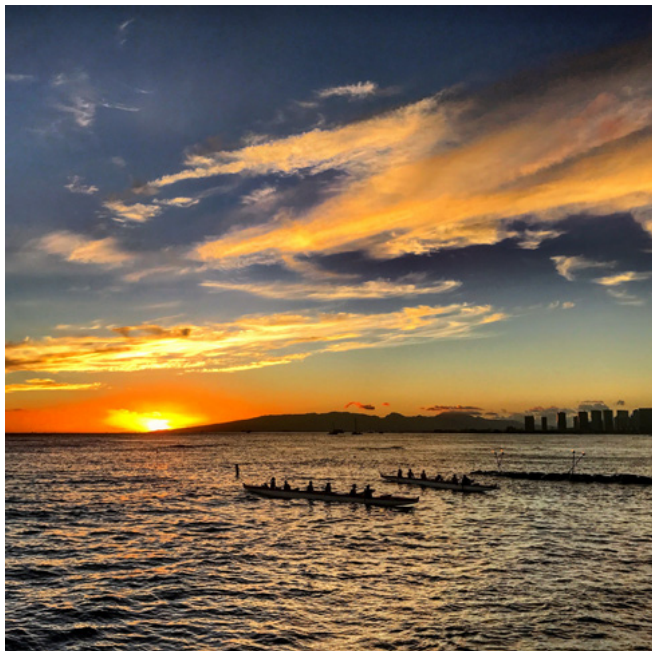


FAUNA



Swan Lake
John H Drouilhet

JUDGES' NOTES:
The icy tranquility of the landscape is accented by the low flight of the geese. Their reflections add to the photo's sense of peace and introspection.



CLUBSCAPE

Friday Happy
Hour at OCC
Ed McCall

JUDGES' NOTES:
The perfect OCC scene, canoes returning from practice, sun setting, bar filling up



SPORTS/
ACTIVITIES

Cascade
Harry Newhart

JUDGES' NOTES: The photographer's impeccable timing and eye for drama produced this explosive action shot.



OCEAN

Molokai Drop-off
Harry Newhart

PHOTOGRAPHER'S COMMENTS:
"Action. Action. Action. Whole crew change. So exciting with the official boat in the background and Oahu looming in the distance. During Molokai Race."





TRAVEL

Bhutan Beauty John York



PHOTOGRAPHER'S COMMENTS:

"This photo is just a small glimpse of the sheer beauty of the country of Bhutan, I was blown away by this view after hiking to the top of the mountain where the temple is located."

Members can view the rest of the submissions at outriggercanooclub.com



Micah Christenson sets in a game against Portugal. Opposite page: Tri Bourne dives.

THE ROAD TO TOKYO

Seven contenders for Team USA men's indoor and beach volleyball cut their teeth at the Outrigger Canoe Club.

—
BY LESA GRIFFITH

PHOTOS: COURTESY FIVB (LEFT) AND ROBERT BECK/AVP (RIGHT)




It's common knowledge that beach volleyball was invented in 1915 at the Outrigger Canoe Club, which has also had its share of indoor volleyball greats. What is even more incredible is how the Club has retained its place as an incubator of volleyball stars for more than six decades, earning it a national and international reputation in the sport. Eighteen Club members have been part of the USA indoor or beach Olympic teams as players or coaches since volleyball was added to the Olympics in 1964. And right now, seven young men who got their start on the Club's baby court are in contention to play for Team USA at the 2020 Summer Olympic Games in Tokyo, which begin July 24.

"It is an honor to say you have competed for the Outrigger," says Alan Lau, the outgoing OCC Volleyball Committee Chair and recent Winged "O" inductee. "It's amazing that at the Rio Olympics three OCC players were on the team of twelve players. Now to have this many of our own possibly going to Tokyo... we are all very proud that our small Club has produced such an incredible, tremendous amount of high-level athletes."

Already competing on the US Men's Indoor National Volleyball team are Micah Christenson, Micah Ma'a, Erik Shoji and Kawika Shoji. All four also play professionally in Europe, where people are shocked to learn the US does not have a professional indoor volleyball league. After their season ends in Spring 2020, the players will return to the US to train with the National team. Each of our members will be vying for a coveted spot on the US Men's Olympic team. The final Olympic roster of 12 will be determined in mid-2020.

At the same time, Tri Bourne, Taylor Crabb and Trevor Crabb are on the US Men's Beach National Volleyball Team and are also working hard on the Association of Volleyball Professionals (AVP) and the International Volleyball Federation (FIVB) beach volleyball circuits. In November, the AVP posted a video of the top 10 blocks of the 2019 season, which included Trevor Crabb at No. 9. And at the 2019 AVP Awards in Newport Beach, also in November, Taylor Crabb took home the awards for MVP, Best Defender and Team of the Year (with his partner Jake Gibb).

To qualify for the 2020 Olympics, Tri Bourne and Trevor Crabb, who are partners, and Taylor Crabb with Jake Gibb, need to secure enough FIVB points through international competitions to be one of the top two US teams to represent our country. The FIVB qualification tournaments to decide which teams make it will be completed in June. The entire Club is behind our fellow members who are right in the hunt for the prized team spots.

So how does the Club remain so influential? It's based on a number of factors. The environment at the Club's beach courts—especially the baby court—creates early exposure to volleyball. It is an always available venue to practice and find non-stop quality competition as the players mature. In addition, as with many things, volleyball talent starts at home. All of the current crop of future Olympians had parents who were accomplished volleyball players or athletes who exposed the players early to the game. Lau says it comes down to "good genes and parent coaching," citing how the two Shojis are the sons of legendary University of Hawai'i women's volleyball coach Dave Shoji and former UH basketball player 



Mary Shoji, Micah Ma'a is the son of former standout volleyball players Lisa Strand and Pono Ma'a, and Christenson is the son of Bob and Charlene Christenson, two great UH-Hilo athletes, he in basketball, she in volleyball. The Crabb brothers were coached by their father, Chris, an All-American player in his own right, and their uncle Tony, assistant coach on the 1984 gold medal-winning USA Men's Olympic team. Mother Paula Crabb is an accomplished gymnast and paddler. Tri Bourne's parents, Peter and Katie, are also accomplished athletes. The Club's beach court environment, combined with athletic ability, early exposure to the game, and great coaching is a proven formula to OCC volleyball success.

"It's a volunteer organization, so what has typically happened is parents who have played volleyball end up coaching their kids and their friends on Outrigger teams—that's what happened with this current crop of Olympic hopefuls," explains Lau, who coached both of his children. "However, these days the club volleyball scene is changing, so there are more paid coaches for younger generations."

Charlene Christenson recalls bringing her son Micah to games when she was competing in volleyball leagues. "Some of us [parents] got together and put our kids together when they were really little. We played in a league in Pauoa. I was coaching him," she says. "Micah Ma'a was there too."

When he was 13, Christenson began playing for Outrigger. "That set him off," says Charlene. "It made him much better playing at the courts there, with Taylor Crabb and Henry Cassidy—those were the guys he hung out with a lot, because they played basketball together." In fact, her six-foot-six son also excelled at hoops, but between the high-level competition at the Club and the High Performance National Team "Pipeline" program, for which Micah qualified, he was able to go further in volleyball.

When asked if he considers Outrigger an important part of his development as a vol-



PHOTOS COURTESY OF FIVB

From top to bottom: Erik Shoji digs the ball in a Volleyball Nations League finals match between USA and Russia in Chicago this past July. • Kawika Shoji sets. • Trevor Crabb passes with Tri Bourne.

leyball player, Christenson answered, “Yes I do,” via email from Italy. “I believe playing on the beach courts helped improve my skills and my knowledge of the game. Growing up going to OCC all the time and playing volleyball then going to the Snack Shop and beach and back to the beach courts helped shape the player I am today.”

While Christenson’s—and his Hawai‘i peers’—play overseas is important to their personal development as players, “it doesn’t have a direct impact on the making of the Olympic roster,” he says. “Obviously indirectly it can have an effect on how much we improve for when we return to the National Team, but at the end of the day it is all left to the USA staff.”

The four indoor players are in regular contact with each other. “We talk about our own seasons as well as how they’re doing in their respective teams,” says Christenson.

And whenever he sees any of the OCC crew, including the beach players, “it’s like we’re back to our younger days being best of friends.”

Back in 2016, Christenson says he was called into a room at the USA Volleyball National Team Center in Anaheim, California. Seated in front of the team staff “I was told I had made the Olympic team.” It was an exhilarating moment, and led to him earning a bronze medal at the Rio Olympic Games. Four years later, “I am very excited to be in contention for the 2020 Olympic team,” says Christenson. “It is a huge honor and will be doing my absolute best to be there.” ■

MEET THE CONTENDERS

INDOOR

Micah Christenson

Age: 26

High school: Kamehameha Schools

Position: Setter

Highlights: 2016 Rio Olympics, 2017 NORCECA Championship MVP, bronze at 2018 FIVB World Championship, 2019 FIVB World Cup Best Setter

Professional team: Modena Volley, Italy

Micah Ma’a

Age: 22

High school: Punahou School

Position: Setter/outside hitter

Highlights: Two-time AVCA first team All American at UCLA, 2017 FIVB U21 World Championship

Professional team: Le Stade Poitevin, France

Erik Shoji

Age: 30

High school: Punahou School

Position: Libero

Highlights: 2013 NORCECA Championship gold medal, 2016 Rio Olympics, bronze at 2018 FIVB World Championship, 2019 FIVB Nations League Best Libero

Professional team: Fakel Novy

Urengoy, Russia

Kawika Shoji

Age: 32

High school: Iolani School

Position: Setter

Highlights: 2016 Rio Olympics, bronze at 2018 FIVB World Championship
Professional team: Asseco Resovia Rzeszów, Poland

BEACH

Tri Bourne

Age: 30

High school: Academy of the Pacific

Highlights: 2013 AVP Newcomer of the Year

Sponsors: Monster Hydro, Mizuno

Taylor Crabb

Age: 27

High school: Punahou School

Highlights: 2013 AVCA National Player of the Year; 2019 AVP Hawai‘i Open winner; won FIVB World Tour four-star event in Chetumal, Mexico, with Jake Gibb, in November

Sponsor: Monster Energy

Trevor Crabb

Age: 30

High school: Punahou School

Highlights: Three international gold medals on the FIVB World Tour and three on the NORCECA Tour; won the 2018 FIVB four-star event in Qinzhou, China, with Tri Bourne

Sponsor: Rockstar Energy Drink





MAKING A SPLASH

After decades of ocean dominance, Outrigger Canoe Club swimmers continue to lead the way in races like this year's Double Roughwater

By Candes Meijide Gentry / Photos by Hayden Ramler



S

ince 1917, when legendary George “Dad” Center was named the Outrigger Canoe Club’s head swim coach, Club members have been at the forefront of open ocean swimming in Hawai‘i. Three years later, Center was coach of the U.S. swim team at the 1920 Olympics in Antwerp, heralding Hawai‘i’s reign as “Swimming Capital of the World.”

OCC swimmers’ list of accomplishments is long. Milestones include members Harry Huffaker and James Caldwell being two of the first to swim all nine channels between the Hawaiian Islands. Several members have been inducted into the Hawai‘i and International Swimming Halls of Fame. The Club has hosted its members’ 1.25-mile Castle Swim since 1917 and the 1.2-mile Diane Stowell Invitational Swim, which has been open to non-members since 1979. ➔

Photos:
Left: Swimmers rounding the turn buoy.
Above: Testing the waters at Kaimana Beach.



SUPER SWIMMERS

While many OCC members have participated in channel swims over the years, here are some notable Outrigger Canoe Club finishers...

Kaili Chun: two-time overall winner

Laurie Foster: 15-time age group winner

Blake Garlin: Youngest finisher at age 11 in 2019

Ernie Leskovitz: 11-time age group winner (former member)

Chris Moore: 1986 overall winner (former member)

Diane Stowell: 9-time age group winner



Photos, top to bottom: Oldest participant Uli Klinke, 75, with youngest participant Blake Garlin, 11. • The race start at Kaimana Beach. • OCC members pose post-swim.

It is in the Possibly Annual Looong Distance Invitational Swim, aka the Double Roughwater, that Club members prove swimming against the current is what they do best. Imagine swimming almost double the distance of the 2.3-mile Waikiki Roughwater Swim. Swimmers start at Kaimana Beach and turn near the buoy at Ala Wai Harbor, then swim back for a total 4.3 miles. Last year, on Oct. 19, the race had 41 entrants, five of them Club members. Sandie Easton won the overall women's race, and she, along with Diane Corn, Blake Garlin, Candes Gentry and Uli Klinke placed first in their respective age groups. They also completed the Waikiki Rough Water a month earlier, along with Rachel Bradley, Laurie Foster, Mike Fox, Wade Garlin and Stefan Reinke.

The Hawaiian Looong Distance Invitational Rough Water Swim has a strong Club connection—it was founded in 1980 by member Jim Anderson, who served as race director from 1980 to 2017. He passed the torch to member Stefan Reinke who this year also takes the helm of the Waikiki Roughwater Race Director. The Double Roughwater's seven-kilometer course is unique

in that it is out and back, which guarantees a current against the swimmers in at least one direction.

The shortest course is point to point, leaving the swimmers exposed to deep waters, strong currents and drastic tides. This is why swimmers are required to have non-motorized escorts to help with navigation and safety. Because there are no buoys set for sighting, the escort is just as important as the swimmer. Depending on the conditions, being an escort can be more challenging than swimming since you must stay close to your swimmer at all times, being careful not to run them over, and set the fastest course possible, which is difficult to do. Last year's member escorts included Katy Bourne, Wade Garlin, Jenn Raams and Jaco Van Delden. ■

CANOE ALLEY

SPORTS RESULTS, EMPLOYEES OF MONTH & MORE



Twenty-six club members hit the beach for the Annual Castle Swim.

PHOTO BY SHANNON PELKEY

Grey Skies, Clear Water

Cable Kronen wins the 102nd Castle Swim

By Ben Komer, Swimming Committee Chair

➔ **The first Castle Swim** was held in 1917, as part of a month-long aquatic carnival the Outrigger Canoe Club sponsored. But it wasn't until 1975 that the race became an annual post-Thanksgiving event, starting at the Club's old location at Duke's Waikiki restaurant, and ending 1.25 miles later at the Outrigger Beach.

Twenty-six members entered the 102nd (or 44th annual, depending on how you count) Castle Swim, racing under a bleak sky and brisk winds—but with near perfect water clarity. Due to weather conditions, race directors and ocean safety placed the course closer to shore, where swimmers reported seeing a ton of fish along the course. ➔

● **Canoe Alley**



Left to right: Elsa Kronen, Stefan Reinke, Cable Kronen, Liloa Stowell, Sandie Easton and Swimming Committee Chair Ben Komer

The overall winner was 15-year-old Cable Kronen, with an impressive time of 29:26, beating last year's 32-minute win by Ethan Bosworth. And we may have seen the future in the youngest entrant—11-year-old Blake Garlin gave the top swimmers a run for their money, finishing eighth overall with a time of 34:59.

Sandie Easton took her familiar spot on the podium as the women's champion (and finishing second overall with 30:25), as did age group winners Candes Gentry (40-44), Sue Steinemann (55-59), and Diane Corn (60-64).

There were no upsets in the men's group either, with Stefan Reinke (60-64), Ward Saunders (65-69), and Uli Klinke (75-79) once again winning their respective age categories. Though the 45-49 age category winner saw a change from last year with Kevin Hause.

A big mahalo to my right hand for this event—Candes Gentry, who ensured the 2019 Castle Swim ran so smoothly. And, as always mahalo to Shannon Pelkey and the staff at the Outrigger for their attention to detail and assistance in course logistics. Thank you to all the participants in this fast and memorable swim. Keep swimming and we'll see you in the water! ■

Read more about the history of the Castle Swim at outriggercanooclubsports.com.

The Results



Cable Kronen	M	15	29:26
Sandie Easton	F	50	30:25
Liloa Stowell	M	14	31:36
Elsa Kronen	F	18	31:48
Stefan Reinke	M	61	32:22
Victoria Gacutan	F	17	33:03
Candes Gentry	F	42	34:55
Blake Garlin	M	11	34:59
Kevin Hause	M	49	35:43
Ward Saunders	M	66	36:41
Kamuela Guth	M	35	36:51
Diane Corn	F	60	37:15
Andrew Yani	M	44	37:37
Sue Steinemann	F	56	37:45
Jeff Wong	M	43	39:06
Catherine Lake	F	41	39:55
Uli Klinke	M	75	40:17
Malia Hirschmann	F	47	40:38
Blair Grant	F	19	41:45
Eric Lau	M	41	42:18
Angie Dolan	F	21	45:17
Malia Boyd	F	50	45:31
Anne Perry	F	63	47:38
Grant Senner	M	48	48:20
Theodore Sheppard	M	70	50:11
Victor Hemmy, Jr.	M	75	53:17

IN MEMORIAM

Ronald Higgins
DECEASED: OCT. 20, 2019
Member: 47 Years

Mary E. O'Connor
DECEASED: SEPT. 28, 2019
Member: 73 Years

Joan Trueblood
DECEASED: NOV. 2, 2019
Member: 52 Years



Donald Eovino Wins H3 Triathlon Age Group

➡ **Congratulations to Donald Eovino** who took first place in the 70 to 74 age group of the H3 Triathlon Race to the Base in November. He completed the Olympic distance triathlon, which starts at Ala Moana Beach Park and ends at the Kaneohe Marine Corps Base, in 3:38:26. Talk about ending 2019 with a bang!

To learn more about what Outrigger athletes are doing, see For the Record in the OCC Archives section of outriggercanoecлубsports.com.

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Outrigger Men Win Koa Division in Molokai Hoe

This year's distance season ends strong for OCC men

By the Canoe Racing Committee

➤ **Every year, the men's distance season** culminates with the Molokai Hoe, with the Kaiwi Channel providing a new, challenging 41-mile course. At this year's race, Outrigger was well represented with three crews, led by coach Jim Beaton, in the Open division. The first crew, in a break from recent tradition, raced in the Club's beautiful koa canoe *Leilani*. For many of the crew it was their first time crossing the channel in a koa, and they leveraged the privilege to the fullest, winning the Koa division for the eighth consecutive year and finishing 16th overall in 5:24:32.



PHOTO BY TWAIN NEWHART

The second crew finished a strong 37th overall, as per their escort driver, Kevin Allen, was not passed by a single boat during the race. The third crew overcame an early huli to fight back to 73rd overall, out of 89 teams.

Two junior teams finishing first in class (14th overall), and second in class (33 overall). On the second junior crew all members except for Miles Orr were making their Molokai Hoe debut. "Early on the crew battled with Hawaiian Canoe Club's junior crew and flipped just as they were catching up then passed them about half way through, finishing almost 15 minutes ahead of them," reports Walter Guild, head of the Canoe Racing Committee.

The Club would like to recognize the amazing commitment of coach Jim Beaton, who has created a program that is elite and accessible to anyone willing to match his commitment. We would also like to thank Walter Guild for his leadership. And thank you to the membership as a whole—the Club knows its strong representation on the water is the result of commitment that extends well beyond the paddlers and coaches. Mahalo.

See the full paddler roster for this year's race at outriggercanoecub-sports.com. ■

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Employees of the Month



Tiare Izon

OCTOBER

Server, Hau Terrace and Koa Lanai

to volunteer to cover shifts and enjoys interacting with the members. *Congratulations, Tiare!*

▶ **Tiare's name comes up** frequently on our members' comment cards. We've heard how much you appreciate her service and that "she's a keeper" so it will be no surprise that Tiare is named Employee of the Month for October. Since she joined the Food & Beverage team in January 2019, Tiare has brought a positive attitude and a high level of hospitality to the floor. She's always happy



Peter Kauleinamoku

NOVEMBER

Line Cook

as part of the Outrigger 'Ohana—congratulations!

▶ **Affectionately known as** "Uncle Pete" in the kitchen, Peter was nominated by Chef Mark Gedeon, who stated that in addition to being very professional, "Pete is a powerhouse on the line! He's a hammer, with a great work ethic." His coworkers agree that the courteous and conscientious line cook is a real team player. And this February marks Uncle Pete's one-year anniversary

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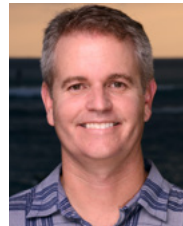
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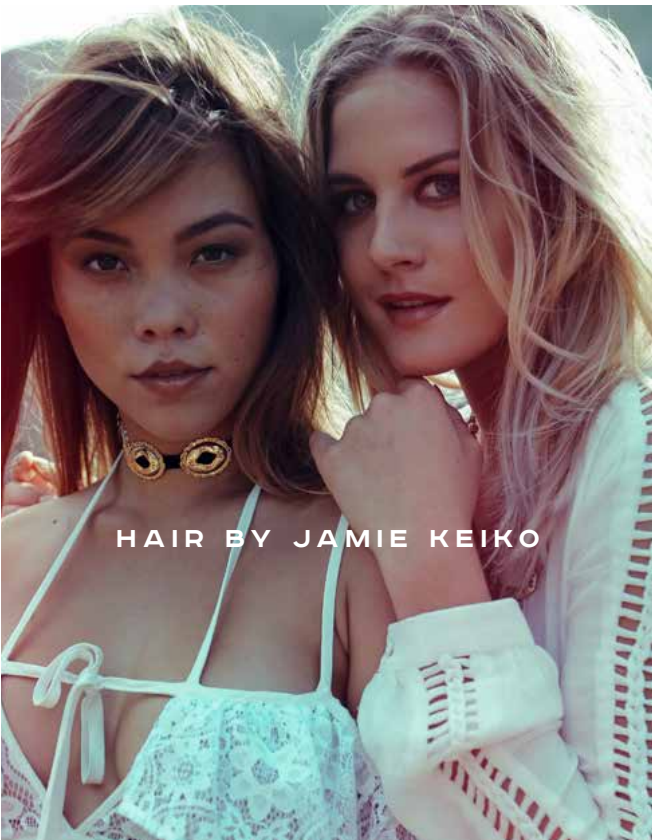


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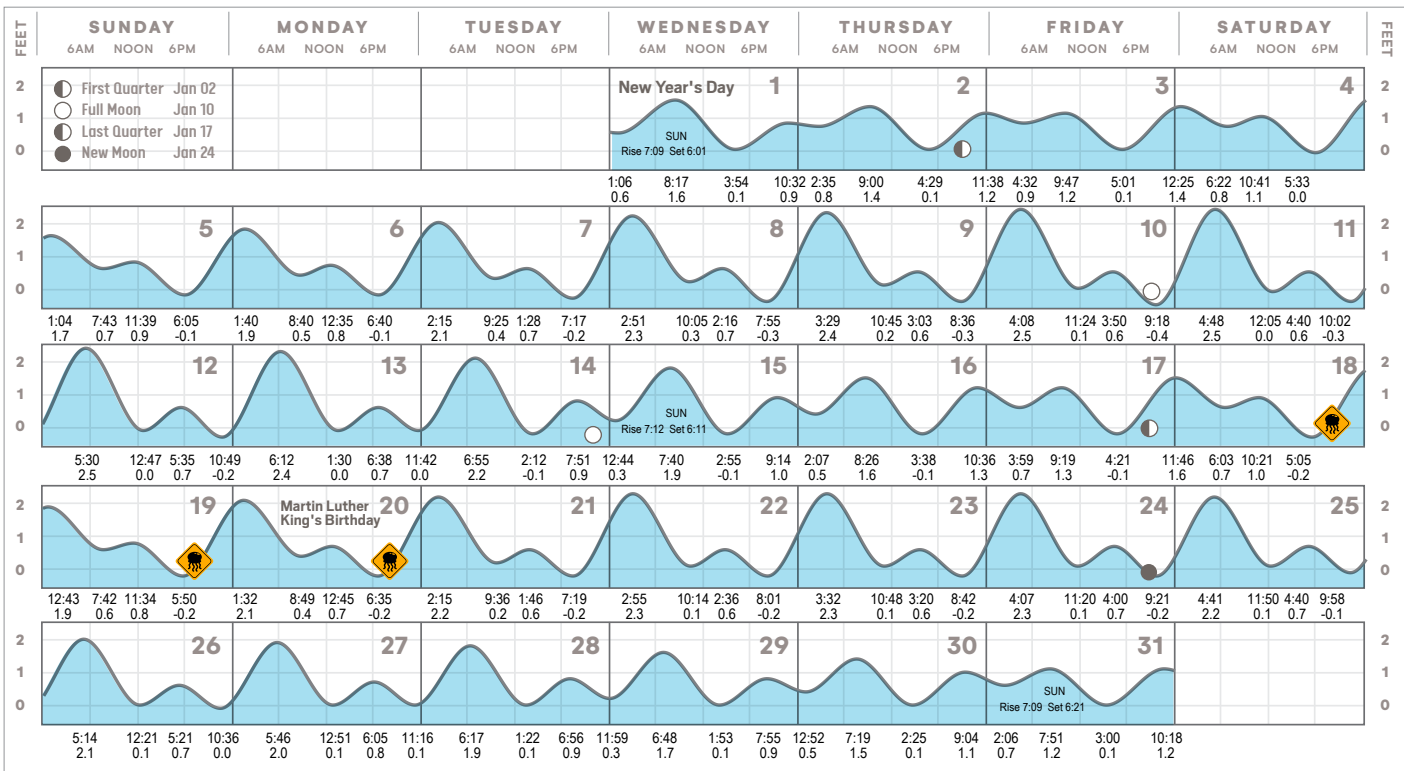
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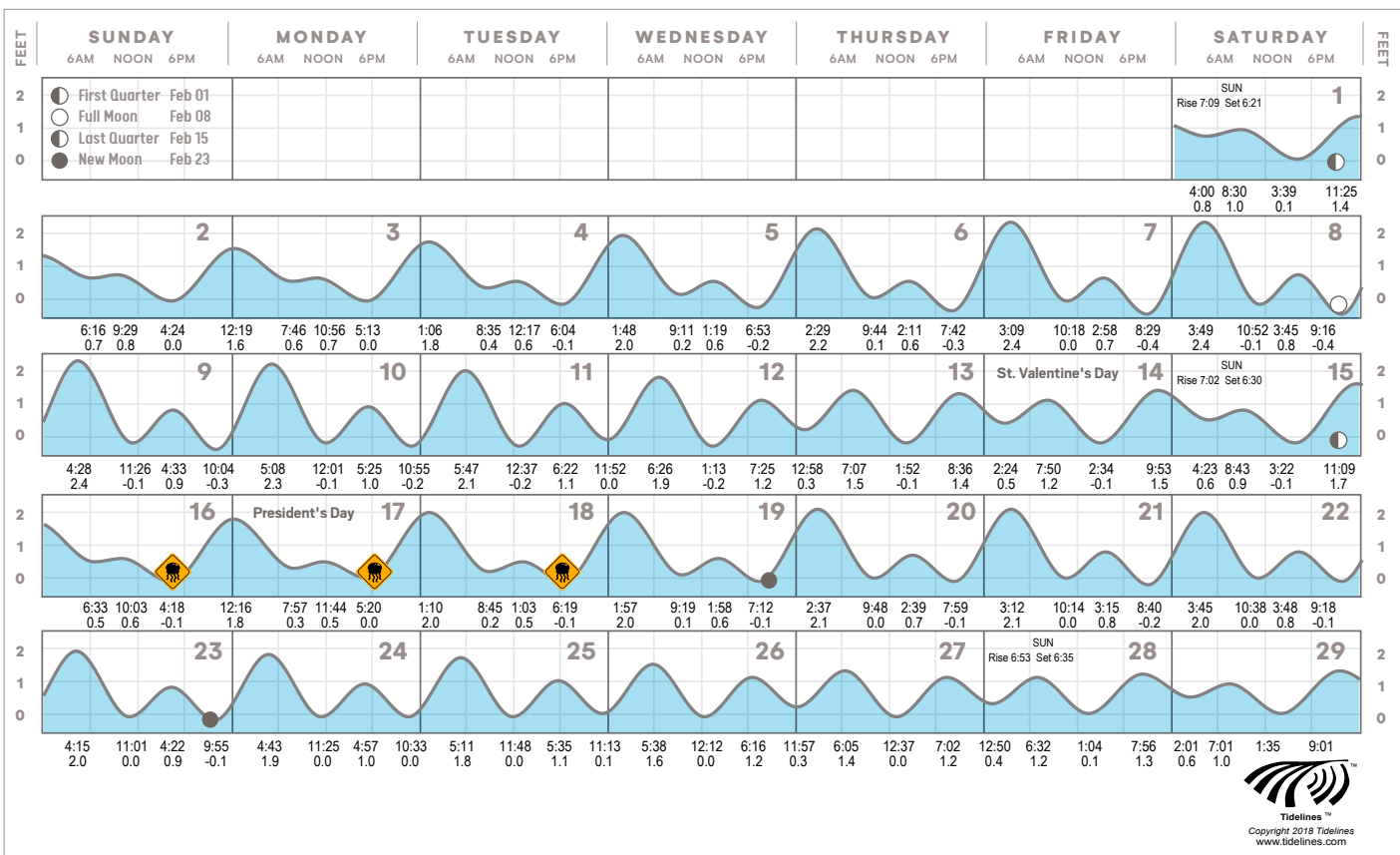
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OCC Tide Calendar

January 2020



February 2020

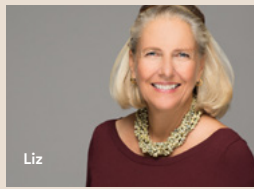


TIDE CALENDAR BROUGHT TO YOU BY:



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