

Amma

The official
publication
of the
**OUTRIGGER
CANOE CLUB**



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Howard Hughes

MAY / JUNE 2020

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On the cover:
Jennifer Raams in fine form in front of the Club. See her stay-at-home workout on p. 14.

Photo by the late Sergio Goes

This page:
A drone captured Waikiki's dreamily empty beaches in the time of Covid-19.

Photo by Tommy Pierucki

Ama



Outrigger
Canoe Club

The official publication of the Outrigger Canoe Club is titled Ama to honor the Club's lineage. The outrigger of a canoe is called an Ama in 'Ōlelo Hawai'i (Hawaiian Language). It was a nautical innovation that allowed the Polynesians to efficiently navigate the rough waters of the Pacific. The Ama is also the port hull of a double-hulled canoe, which is the vehicle that brought the Hawaiians to these beautiful islands.

WHAT A DIFFERENCE A MONTH MAKES! In mid-March, we were training, playing and dining, and the Snack Shop renovation was underway. Then two weeks later, Mayor Caldwell ordered all “non-essential services” to temporarily cease operations, which required the Club to close all areas and services with the exception of grab-and-go dining. We also had to furlough 137 of 150 beloved employees.



As I am writing this, we don't yet know when we can reopen but when that does happen, “social distancing” will remain in place.

As an eternal optimist, I can't help but believe that every problem presents an opportunity. And our management, board and members have not disappointed. The tenacity with which General Manager Tyler Roukema and his team, and the board and committees have come together to plan for the best possible outcome for the Club is inspiring. Equally humbling is the trust that members have shown in our leadership and their generosity to our employees. We are more than a club. We are 'ohana.

Our Club will survive and remain an elite ocean establishment, but first, each one of us must continue to ensure our individual safety. The cruelest part of the coronavirus is that if you bring it home, it hurts the ones you love the most, which is the reason we closed the Club even before the city issued stay-at-home orders. The health and safety of our members and staff is always our first priority.

A hui hou and mālama pono,

A handwritten signature in black ink, appearing to read 'Bill Meheula'.

Bill Meheula
President

President Bill Meheula looks forward to future OCC 'ohana and family celebrations, like his marriage to Catherine on the Koa Lanai in 2017.



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ALOHA OUTRIGGER 'OHANA, It is hard to imagine how much has changed since the March-April issue of *Ama* landed in your mailboxes. I don't think any of us would have ever envisioned our Club being closed, but as I write this, that is our reality. We are all doing our part to make sure that we can get back to normal as soon as possible. The Outrigger Board of Directors and staff wish you well and hope this note finds you and your families safe and healthy during these unprecedented times.



As I mentioned in the Virtual Town Hall in April, I am so humbled by the membership's support during this stay-at-home period. I knew when I accepted the job at the Outrigger that I was joining a family. This has been reinforced almost daily through interactions between members and employees. But over the last few weeks, I have been continuously amazed and reminded about the bond between membership and Club employees. Your kind notes about the staff, your inquiries about how they are doing, and your

generous financial contributions to the Past Presidents Fund have been incredible. Your donations have helped to give more than \$133,000 to furloughed OCC employees! On behalf of every employee at the Club, I say THANK YOU! Thank you for making a difference in so many lives.

Although the Club has been closed to all operations, with the exception of Grab and Go service, there are still things happening behind the scenes.

- We are just about ready to launch a fully stocked online OCC Logo Shop, with all the items you love just a click away. Look for the link on the OCC website.
- The Snack Shop looks amazing! The renovation is fully complete and the crew can't wait to make your favorites—see page 10 for the details.

- Let's stay connected—we are busy leveraging technology to be able to continue programs digitally, through the website or Zoom. Possible future events include wine tastings, mixology lessons and yoga classes.

- Maintenance projects continue, to make sure the Club looks great when you return.

I would also like to thank our leadership team for their support at the Club during this time, and the core group of employees who continue to work around the clock to maintain the Club, ensuring it remains safe and is ready for you as soon as conditions permit.

From my family to yours—mahalo and be safe!

Tyler Roukema,
General Manager



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The LOBBY

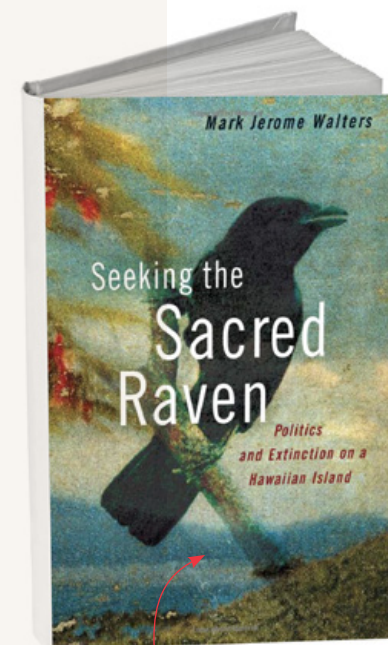
CLUB HAPPENINGS,
CELEBRATIONS & EVENTS

This
Way In



Reading 'Riggers

➤➤ **It's never been a better time** to read a good book! Normally held at 10am on the first Friday of the month, usually in the Duke Room, the Club's Reading 'Riggers book club's future sessions will be scheduled once isolation is over. In the meantime, here are the upcoming books so you can get a head start. To be added to or removed from the email list, contact Gerry DeBenedetti at gerthebear@hawaiiantel.net. If libraries are still closed, Gerry has most of these titles.



Sugar Water
by Carol Wilcox

A riveting story of the sugar plantations, water rights and the transformation of Hawai'i. The author, an OCC member, will be present.



West of Then: A Mother, a Daughter and a Journey Past Paradise
by Tara Bray Smith

This Hawai'i memoir includes some Club history.

Seeking the Sacred Raven

by Mark Jerome Walters

Guest presenter will be Megan Laut, wildlife biologist with the US Fish and Wildlife Service.



The Aloha Shirt: Spirit of the Islands
by Dale Hope

Take your pick of two editions—by Beyond Words in 2000 and Patagonia in 2016. The author, a member, will be there!



Wave Woman
by Vicky Liljestrand Durand

The story of the author's mother, surfer Betty Pembroke Heldreich Winstedt.



A Trip Around the World with a King

by William Armstrong



Kanaka: The Untold Story of Hawaiian pioneers in British Columbia and the Pacific Northwest
by Tom Koppel



Gerry's Covid-19 Pick
With extra time on our hands, book club ringleader Gerry DeBenedetti recommends these three books from James L. Haley's Bliven Putnam Naval Adventure Series, in this order:

1. *A Darker Sea: Master Commandant Putnam and the War of 1812*
2. *The Shores of Tripoli: Lieutenant Putnam and the Barbary Pirates*
3. *The Devil in Paradise: Captain Putnam in Hawaii*



The OCC Historical Committee
Presents: Stew & Rice

Chad Wiggins on the Promise of Palmyra

DATE: Tuesday, June 23

TIME: 5:30-8:30pm

Check Club communications to confirm time

➤➤ **Feeling stir crazy?** Take part in the next Stew & Rice session, which will transport you to Micronesia, as Chad Wiggins, Director of the Palmyra Program for The Nature Conservancy (TNC) in Hawai'i, talks about this remote atoll that is part of the Line Islands. If necessary, the event will be virtual—the Club will keep you updated.

Located 1,100 miles south of O'ahu, Palmyra Atoll was named a conservation Hope Spot by famed marine biologist Sylvia Earle in 2018. That means it is a model of what healthy coral reefs should be. The intact island ecosystem demonstrates resilience to climate

impacts like ocean warming. Twenty years ago, a core group of visionary supporters helped TNC purchase Palmyra and establish a preserve with a robust research program focused on island ecosystems.

Today Palmyra is co-managed by TNC and the U.S. Fish and Wildlife Service and is home to TNC's Climate Adaptation + Resilience Laboratory (CA+RL). At CA+RL, TNC scientists and partners focus on understanding and accelerating positive ecosystem response to climate change. Join us to learn more about how CA+RL is leveraging Palmyra to target research on the most important conservation challenges for island ecosystems and how what TNC is learning can inform conservation in Hawai'i and beyond. ■

Snack Shop Chic

Get a sneak peek at a refreshed Club favorite

➔ **When the Club reopens to members,** you will find a new and improved Snack Shop. DKKY Architecture created a design sleek with wood and stone details that echo the materials Vladimir Ossipoff used in the main Clubhouse, and reimagined the kitchen with just as much care and attention.

The renovation project began on Jan. 19, and service never stopped, with the Snack Shop staff set up in the Ka Mo'i Boathouse for breakfast and on the sand, with the "Beach Grill," for lunch. The Club was scheduled to unveil the renovated facility on March 23, when operations were sidelined by the Covid-19 closures. We are so excited to open the space when the Club resumes operations—here's a sneak peek at some of the new features and fixtures we'll be using to prepare some of your OCC favorites!

Behind the scenes

Great food and service are the result of great facilities for staff. So the kitchen and prep areas have been expanded and designed with efficiency in mind. The addition of air conditioning will keep Snack Shop Supervisor Lisa Gose and her crew cool while cooking in the heat of summer. New equipment and more work space will result in an improved experience for you.

High tech and high style

New technology is transforming the Snack Shop—iPad and App ordering, digital menu screens and the pager system work together to get your order to you when you want it. New tables and chairs provide more seating that coordinates with the new design. A four-canopied, 900-square-foot umbrella will shield diners from summer sun and sudden showers.

Stewardship and sustainability

If you've had the chance to order from the OCC To-Go menu, then you've seen some of the plating and packaging from our partner supplier Sustainable Island Products (SIP). Family-owned and Hawai'i-based, SIP supplies the Club with eco-friendly, compostable and recyclable alternatives to single-use items. This means no more single-use plastic.



The team

The renovation of the more than 50-year-old Snack Shop was a massive undertaking that took years of planning. The on-time and on-budget project would not have succeeded without the guidance of the Building and Grounds Committee and the Snack Shop Subcommittee that includes Curt DeWeese, Joe Donahue, Tai Sunnland, Dana Bergeman, Charles Black and a diverse ad hoc member steering group. ■

PHOTOS BY TOMMY SHIH



Sign of the (Old) Times

➔ **OCC's old clubhouse lives on** in the "new" sign hanging at the Mauka entrance to the Ka Mo'i Boathouse. Fashioned from a board believed to date to the 1930s, the handpainted sign graced the front of the Club's previous home, where the Outrigger Waikiki Beach Resort now sits, in the 1940s and 50s. This piece of Club history is a generous gift from the Bintliff family. The Historical Committee spearheaded the sign's restoration by our maintenance team and display in an area that is protected and visible to all.

A big mahalo to the Bintliff family, the ARC and Buildings & Ground Committees, the OCC Maintenance crew, and the Historical Committee—which includes Jimmy McMahon and Kawika Grant (pictured above in front of the sign)—for restoring a part of OCC's past for future generations to enjoy. ■



iPad and App ordering, digital menu screens and the pager system will make your Snack Shop experience smooth and efficient.

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The Road to Tokyo III

Volleyball Olympic contenders keep their eyes on 2021

By Lesa Griffith

➔ The last two issues of *Ama* have followed the seven Olympic volleyball contenders who got their start at the Club—Micah Christenson, Micah Ma'a, Erik Shoji and Kawika Shoji on the US Men's Indoor National Volleyball team, and Tri Bourne, Taylor Crabb and Trevor Crabb on the US Men's Beach National Volleyball Team. With the Tokyo Games postponed until 2021, we caught up with Tri to find out what this means for our hometown heroes.

Now that the Tokyo Olympics are postponed for a year, what does this mean for you?

The postponement means that we go back to the drawing board in terms of planning and training. Once the new Olympic qualification details are announced we'll basically have to replan out how we want to attack the time leading up to 2021.

Were you for postponement?

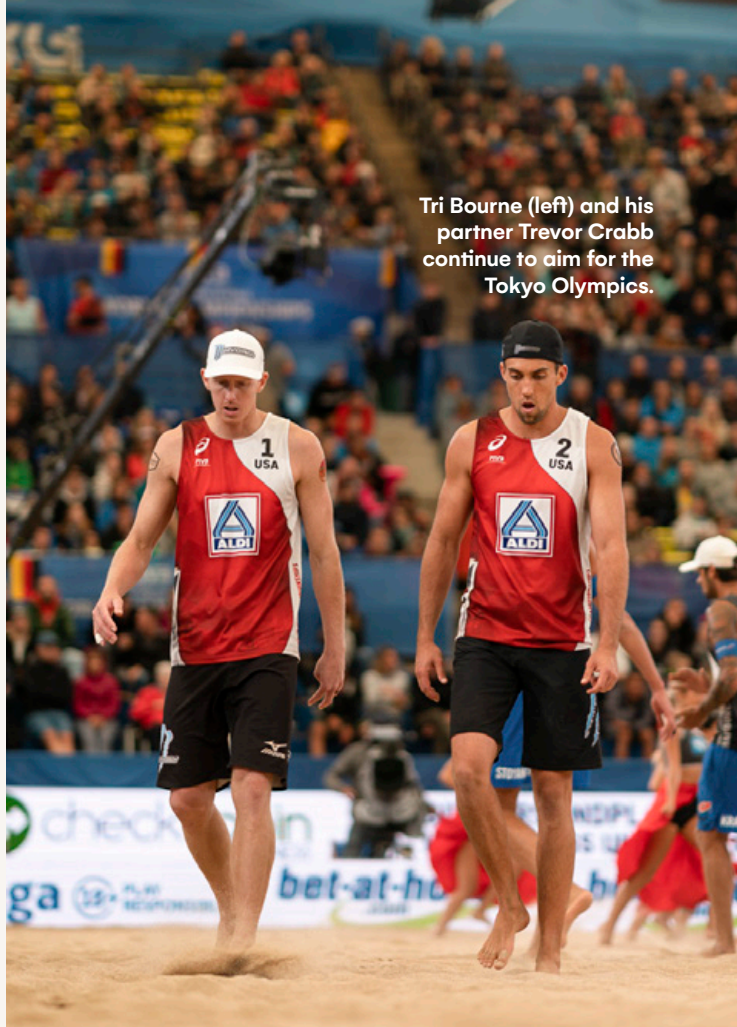
I wasn't for postponement at first, however, at this point it seems like they made the right decision. I think that all sports and athletes were affected differently, so it's best to cater towards the ones that are heavily impacted.

The postponement is costing Team USA nearly \$200 million in funding. Does this affect volleyball?

Yes, this affects volleyball. On the beach volleyball side, the promoters of each FIVB have been put in a lose-lose situation when deciding whether or not to cancel or postpone an already scheduled event. It's also going to have a massive financial effect on the FIVB because of all these cancellations, not to mention the AVP tour which puts on its own events without promoters.

Where were you at in qualifying when the postponement was announced?

Trevor and I were in the No. 2 spot for the US, so we would have been in if we could hold on until June.



Tri Bourne (left) and his partner Trevor Crabb continue to aim for the Tokyo Olympics.

“...we'll basically have to replan out how we want to attack the time leading up to 2021.”

PHOTO BY ANTHONY MOORE

What will you be doing during the year leading up to the Olympics in 2021?

We'll basically do the same thing that we did leading up to the 2020 deadline. Have a solid off-season and try to make small gains. The AVP tour is still scheduled to start towards the end of June or early July, so let's all keep our fingers crossed that it stays that way! We're excited to come home to Hawai'i in September for the AVP. ■

Correction:

In the story "The Road to Tokyo II" in the March/April issue, the highlighted quotes on pages 23 and 25 are by Trevor Crabb, not Taylor Crabb.



Calendar

UPCOMING EVENTS

Scheduled event dates will be confirmed when the Club reopens from the Covid-19 closure.

May 5	Tue	Cinco de Mayo To Go
May 10	Sun	Mother's Day To Go
May 25	Mon	Memorial Day
June 1	Mon	Dance Lessons
June 5	Fri	Reading 'Riggers
June 8	Mon	Dance Lessons
June 13	Sat	Scratchfest & Steak Fry
June 15	Mon	Dance Lessons
June 21	Sun	Father's Day Specials
June 22	Mon	Dance Lessons
June 23	Tue	Stew & Rice: Palmyra Atoll
June 29	Mon	Dance Lessons
July 3	Fri	Reading 'Riggers
June 11	Sat	Cline Mann & Steak Fry

Postponed Events

➔ The following May and June athletic events are temporarily suspended, until further notice. Please check with the Club for updates or contact athletics@outriggercanoecub.com with questions.

May 9	Annual OCC Fishing Tournament
May 23	OCC Diane Stowell Invitational Swim & Luau
June 6	Annual Surf Jam — Dependent on conditions
June 6	Portuguese Horseshoe Tournament supporting Boys Volleyball Program tournament travel
June 13	Annual Scratch Fest Paddleboard Relay

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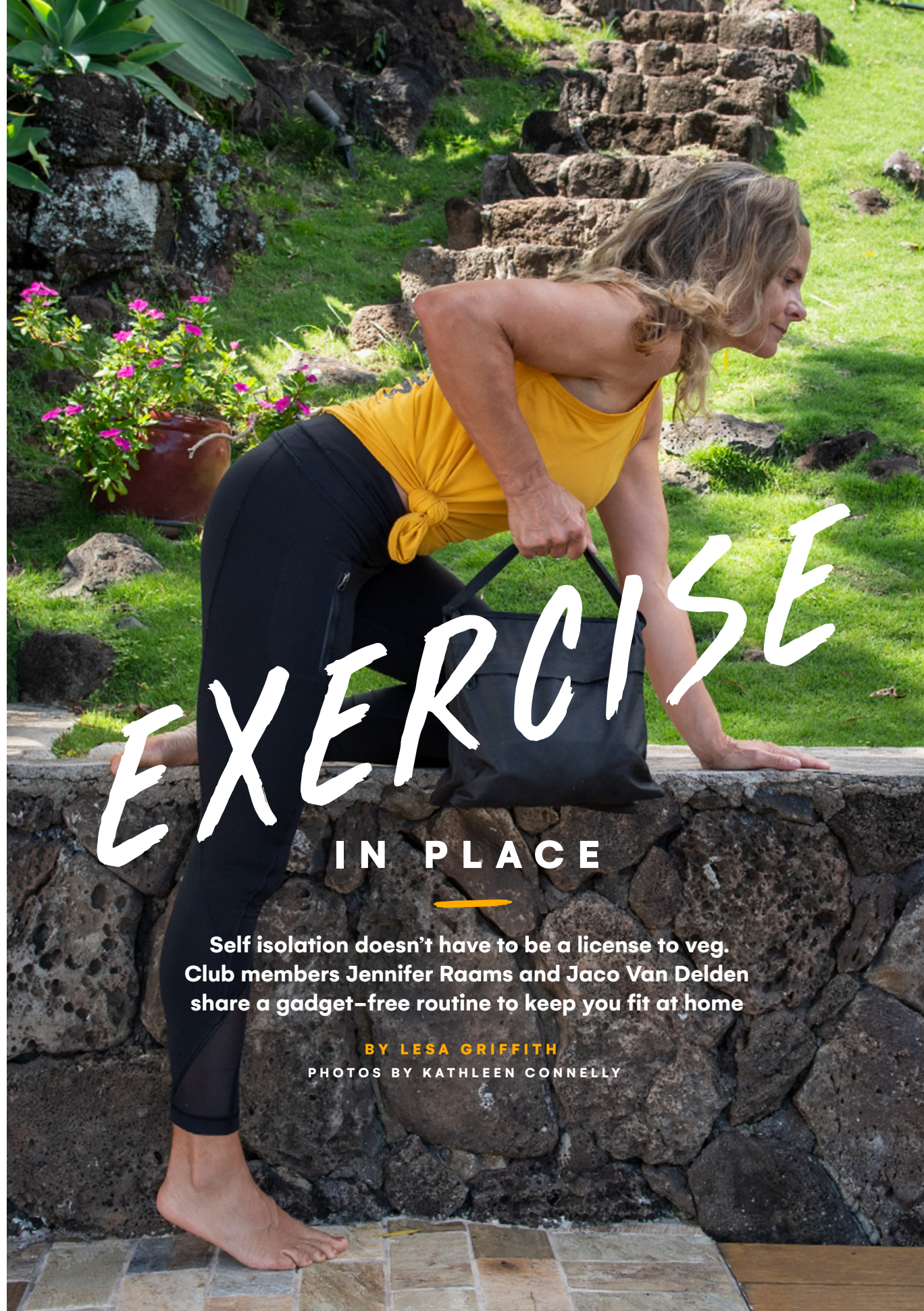


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EXERCISE IN PLACE

Self isolation doesn't have to be a license to veg. Club members Jennifer Raams and Jaco Van Delden share a gadget-free routine to keep you fit at home

BY LESA GRIFFITH
PHOTOS BY KATHLEEN CONNELLY



JACO VAN DELDEN, OFTEN WITH A SURFBOARD, AND JENNIFER RAAMS, paddling in a six-man canoe, are familiar sights at Outrigger Canoe Club. But since March 25, when O'ahu went into lockdown and the Club fully closed its doors to keep everyone safe and prevent the spread of SARS-CoV-2, the couple and their two children have been in isolation at home. But that doesn't mean they're on the couch gaining the quarantine 15.

Founders of Jaco Rehab, the two physical therapists have made a business out of helping people recover from surgery and injury through retraining their bodies, and they're keeping active while in isolation. They have a workout routine that they do with their kids and use a TRX hanging from a tree in their yard.

During a time like this, regular exercise is a good way to keep structure in your life and relieve stress, as well as maintain your fitness level, says Raams, who originally joined the Club in 1998 to get into paddling. She and her husband have remained members because of "the family atmosphere—the sense that it's our 'ohana, since we don't have family here."

The couple moved to Honolulu from the Netherlands, after graduating with degrees in physical therapy, to chase their windsurfing dreams. "We saw pictures in surf and windsurf magazines that showed very athletic types in turquoise waters with green mountain in the background, we wanted to experience that

environment ourselves," says Raams.

As soon as he turned 40, Van Delden says he started exercising at home "mostly to counter gravity and early morning aches and pains." When the pandemic hit, he increased his daily session to two or three times per day, including a stretching session. "Our kids are teenagers and since the gyms are closed, they work out at home and run in the neighborhood for cardio. The dog has been working out as a result as well!"

Raams and Van Delden believe that life-long exercise is beneficial for everyone and see the living proof at the Club. "I am super impressed every year during regatta season to see people of all ages, especially those over 60, be so competitive and get great results," says Raams. "It's very inspiring for younger generations to see that."

We asked the energetic duo to share a program to help members keep in form during self-isolation.



TORSO STRETCH & HEEL LIFT

If you've been sitting for two hours or more, this is a great way to take a break from your work-at-home routine. These moves target a lot of muscle groups and offer cardio and balance benefits.

How: Stand with your feet shoulder-width apart and hold a weight that gets challenging after 15 reps, this will vary for everyone. We found a piece of ironwood laying around that was the perfect weight for us at about 12 pounds! Reach your hands up to the sky and raise your heels. Stand upright, brace your core and pull your shoulders back, and hold for about 2 seconds, then lower the weight. Repeat until you are lightly perspiring.

Up the ante: After lowering your heels, take a breath and hinge forwards from your hips, keeping your lower back straight, so you go into a squat down to about 90 degrees in your knees.



BENT-OVER ROW

This pulling function targets a variety of back and shoulder blade muscles to keep you ready to get back to paddling, swimming and surfing.

How: Place one knee on a chair, bench or wall about 18 inches in height and lean forward at the waist, putting one hand on the surface and keeping your other leg slightly bent. Hold a weight (start with a weight that gets challenging after about 15 reps)—it can be a barbell, a bottle of water, anything that works—in your other hand. Keep your back straight and elbows close to your body, as you “row” the weight towards your chest, squeezing your back muscles.

REVERSE LUNGE

Targets quadriceps, hamstrings glutes, calves and inner thighs.



How: Stand tall with your hands at your hips or overhead. Take a large and controlled step backward with your left foot. Lower your hips until the thigh of your right leg is parallel to the floor with your knee positioned directly over your foot. Bend the left leg a bit. Hold for 5 to 30 seconds, then alternate.

Up the ante: Hold a weight (start with a weight that gets somewhat challenging after about 20 seconds) with arms outstretched in front of you.

FOREARM PLANK

This effective full-body exercise strengthens your core—abdominal muscles, back and shoulder stabilizing muscles—which naturally results in a strong posture and can possibly help you develop a six-pack!



How: Lie face down with legs extended, feet hip-width apart, and forearms on the floor with elbows shoulder-width apart. Engage your abs, then ground toes into the floor to lift your body as forearms remain on the floor. Keep hips in line from shoulders to heels. Start off holding for 10 seconds, then work your way up to 20, 30 and 60 seconds. Repeat.

BRIDGES

The basic bridge isolates and strengthens your gluteus muscles—aka the butt—and hamstrings, which are at the back of the thigh. When done correctly, this move can also enhance core stability by targeting your abdominal muscles and the muscles of lower back and hip.



How: Lie flat on your back, your knees bent and your arms in a low V by your hips. Your feet should be about hip-distance apart with your heels a few inches away from your butt. Push through your heels to lift your hips up while squeezing your glutes.

Up the ante: Lift one leg from the ground while keeping your hips level.



STEP-UPS

A step-up is a simple body resistance exercise that works muscles in the legs and buttocks, especially the quadriceps, hamstrings and glutes. This is a good general lower body conditioning exercise.



How: Place your entire left foot onto the step. Press through your heel as you step onto the step, bringing the right foot up so you are standing on the step. Return to the starting position by stepping down with left foot, then the other so both feet are on the floor. Then step up with the right foot and continue alternating.

Up the ante: Hold a weight (start with a weight that gets challenging after about 15 reps) in front of you, arms in a V, as you do your steps. Keep increasing weights as you progress.

PUSH UPS

This classic might seem basic, but it still is the best to work your chest, triceps, and core.

How: Place your hands shoulder-width apart and your feet close together. Start in a high plank position and slowly lower your body until your elbows are next to your chest. Hold a few seconds and push back up to high plank position. Stop when you feel your form is deteriorating—this may happen at 5 reps if you have not done any for a while...or ever! ■



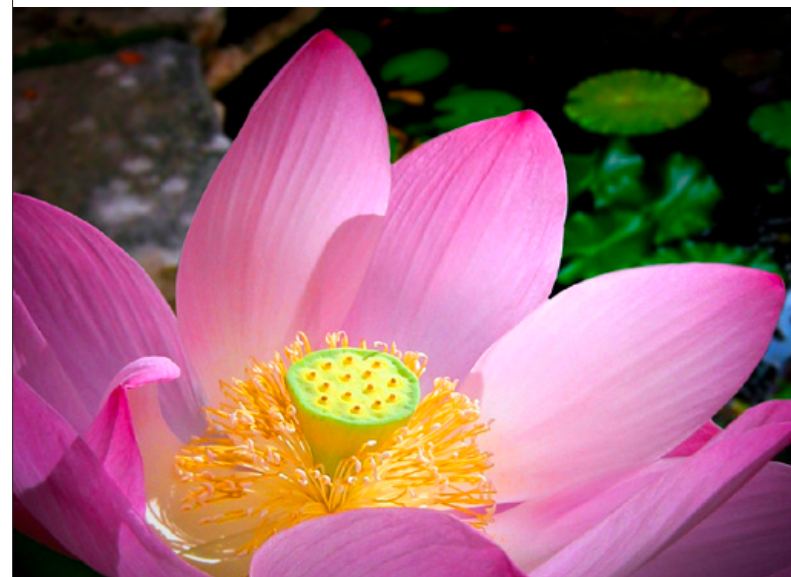


IMAGE IS EVERYTHING

You saw the winners of the 2019 Outrigger Canoe Club Photo Contest in January, now, here's the best of the rest for some isolation enjoyment.

2nd PLACE
FLORA
Molokai Beauty
John York

"I was walking on the evening prior to the Moloka'i Hoe. The moment caught me and I snapped the photo. The lone tree and grass were striking".



3rd PLACE

FLORA
Pink Lotus
Jay Freis

BACK STORY:
 Taken in the Honolulu Museum of Art's Chinese Courtyard—an oasis in the middle of the city.



4th PLACE

FLORA
Reach
Michele Eheler-Chen

BACK STORY:
 "Cacti are some of my favorite plants. It is hard not to admire their ability to thrive in the most extreme conditions. I am particularly fond of this composition, taken at the KCC Cactus Garden, because of the reach of the center cactus. The colors also remind me of old westerns with blue sky set against an arid landscape."



HONORABLE MENTION

FLORA
First Snow
Wakefield Ward

BACK STORY:
 "I waited for the sun to come out and catch the melt drops in Stowe, Vermont."



SPORTS

Christian Air
Jay Freis

BACK STORY:
Happiness in Sun Valley.



SPORTS

Supsquatch
Insanity
Ed McCall

BACK STORY:
“You can see the pure thrill and excitement of catching a wave on a giant sup-squatch in the facial expressions of everyone involved. Shortly after this picture was taken, at Old Man’s, we had a massive wipeout.”



SPORTS

The Teenager
Kent Davenport

BACK STORY:
“How does she do this? Shot at the Hawaii State Gymnastics Championships.”



SPORTS

Sun Valley Shred
Jay Freis

BACK STORY:
“By standing with the sun on the other side of a tree I was able to shoot into the sun, with rays filtering through. The iPhone 6 is not a great camera, so it naturally created an action blur of snow. The image is of Connor McCall snowboarding in Sun Valley.”





2nd PLACE

TRAVEL

Mountain Road to Nowhere and Everywhere

Ed McCall

BACK STORY:

"The pattern in the sky provided a guiding pathway up into the snowy mountains. Shot at Sun Valley, Idaho."

4th PLACE

TRAVEL

Traffic Jam

Kent Davenport

BACK STORY:

"This was taken in Kagbeni, the last outpost before entering Nepal's Upper Mustang District. We happened upon a herd of goats going out to pasture that stopped all other traffic."



3rd PLACE

TRAVEL

Ruby Crest Trail

Ian E. Lee

BACK STORY: "This was our first destination backpacking trip and the entire five-day trip in the Ruby Crest Mountains, near Elko, Nevada, was amazing. This picture captures Ginny Lee cresting our first 10,000-foot peak into a large snow field and one of many alpine lakes. The haze is due to a lightning-strike brushfire that burned 16,000 acres and closed the start of the trail the day after we began. This photo reminds me of how lucky we are to have such a beautiful country and the freedom to travel without restrictions across our lands."



HONORABLE MENTION

TRAVEL

Rice Terraces

Wakefield Ward

BACK STORY:

"It wasn't easy keeping my balance while standing knee deep in a paddy. I was struck by the absolute scale of the whole area with the waterfall in the back ground."



FAUNA

She Can't Hear You

John York

BACK STORY:

"This was shot in California. Take special notice of the Deaf Dog Tag on her collar. She is so pretty and doesn't even know she has challenges in her life. We are all beautiful in our own way, even with our limitations and disabilities."



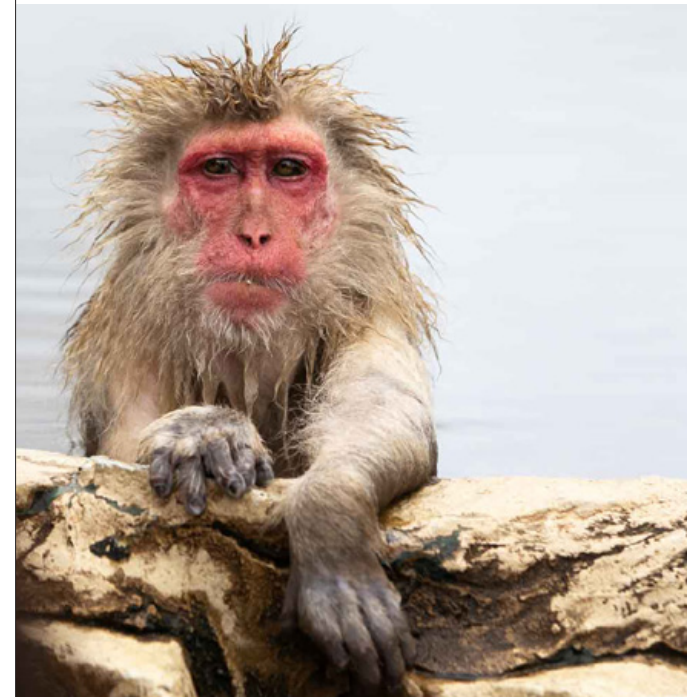
FAUNA

Grand Dame

John H. Drouilhet

BACK STORY:

"Wisdom, perseverance—we are not that different! Shot at the Jigokudani Monkey Park in Nagano, Japan."



FAUNA

Levitation

Michele Eheler-Chen

BACK STORY:

"I have never photographed an insect before. I wasn't sure if my hand was steady enough to get a clear shot. I was so happy to see this bee come through so crisply in the KCC Cactus Garden. It appears to be motionless, like it was frozen in time."



FAUNA

Manu Anuenu

Ed McCall

BACK STORY:

"The Manu O Ku circling in the rainbow was a moment of perfection. Shot from Kaikoo Place near Diamond Head."





2nd PLACE

CLUB SCAPE
Cheering OCC
at Macfarlane
Jan Newhart

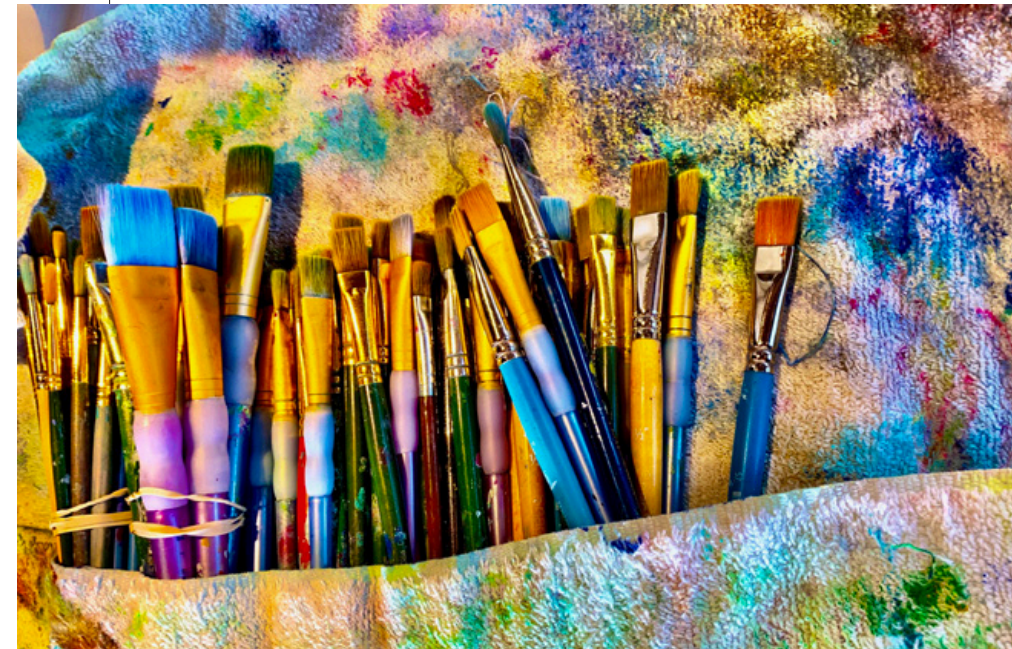
BACK STORY:
“Lovely flag display
for July 4th.”



3rd PLACE

CLUB SCAPE
Quiet Club
John York

BACK STORY:
“I love those times
when the Club is quiet
and beautiful—I saw
this and shot it.”



4th PLACE

CLUB SCAPE
Art
C. Nora Meijide-Gentry

BACK STORY:
“Fun times at the Club when
we attend art classes.”



HONORABLE MENTION

CLUB SCAPE
Sunset
OCC Style
Club Scape

BACK STORY:
“Island beauty! This
photo brings me
joy—I hope it brings
others the same!”



2nd PLACE

OCEAN Waikiki
Jan Newhart

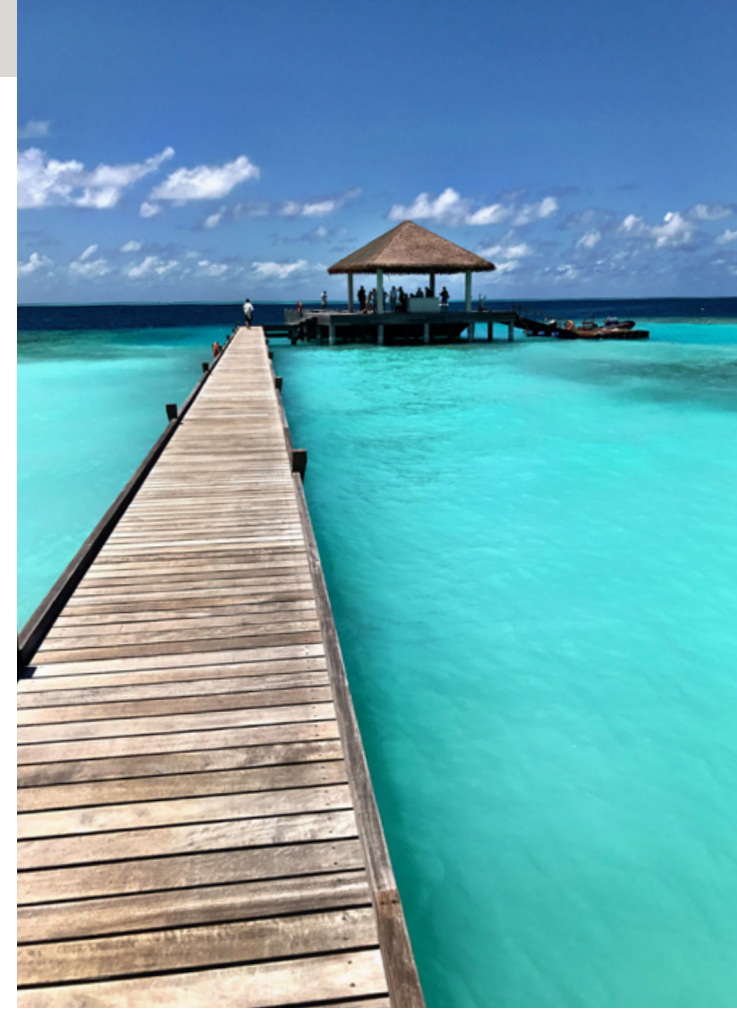
BACK STORY:
“Twain Newhart and I were playing with photos for old Pan Am buddies. It reminds me of the famous Pan Am poster.”



3rd PLACE

OCEAN
Molokai Dropoff
Harry Newhart

BACK STORY:
“Action. Action. Action. Whole crew change in the Ka Iwi Channel during the Moloka’i Hoe. So exciting with the official boat in the background and O’ahu looming in the distance.”



4th PLACE

OCEAN
Blue Beauty
John York

BACK STORY:
“This photo, taken on the Indian Ocean, makes me want to run down to the end of the dock and jump in.”

HONORABLE MENTION

OCEAN
Double Anuenue Downwinder
Ed McCall

BACK STORY:
“OC1 Downwinder on iconic Maunalua Bay run. I stop paddling, pull iPhone out of boardshort pocket. Phone was in a waterproof case, so it’s amazing the image came out as well as it did.”



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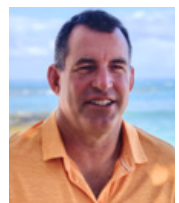
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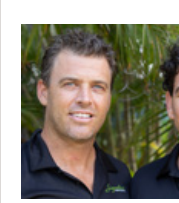
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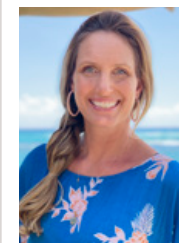


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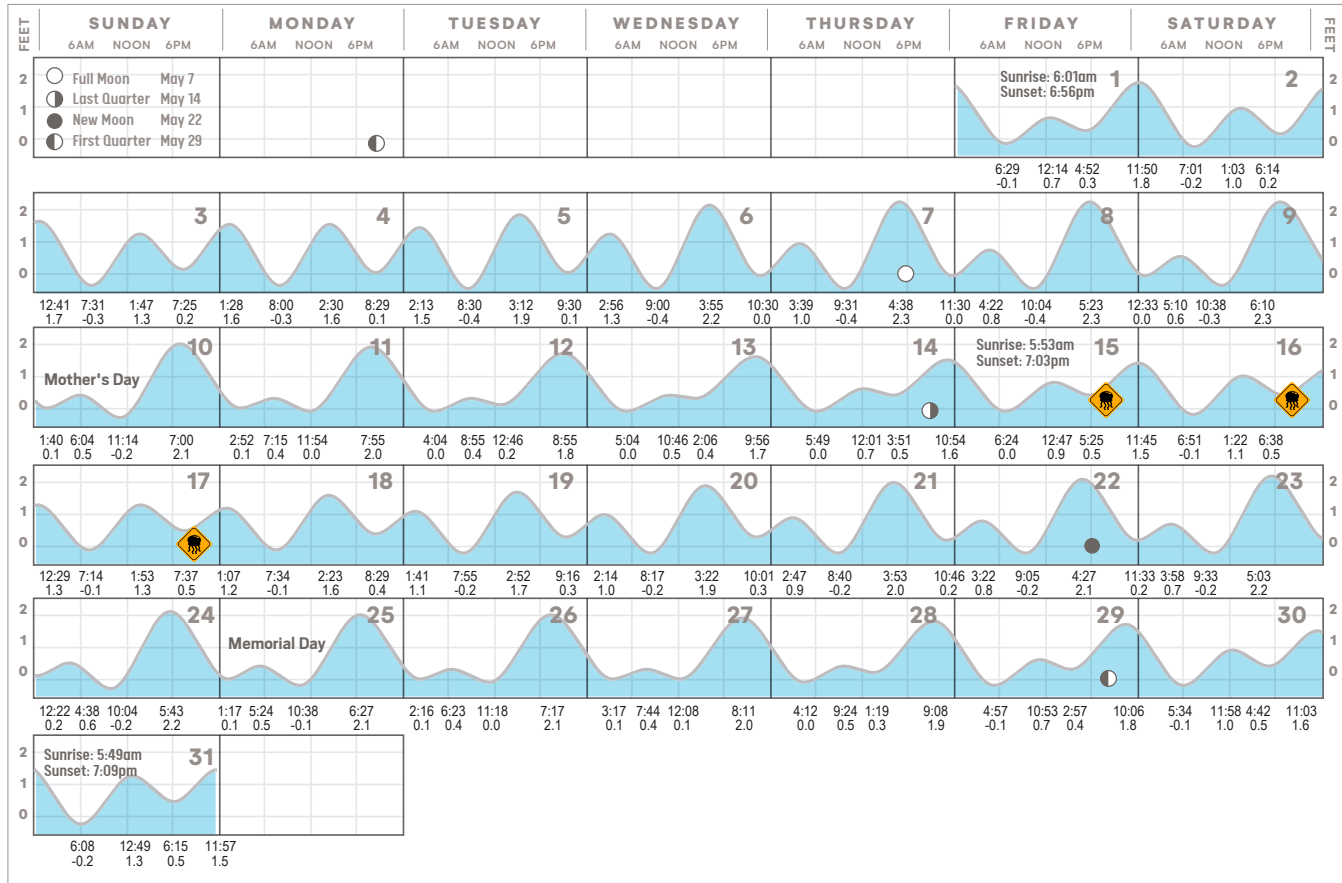
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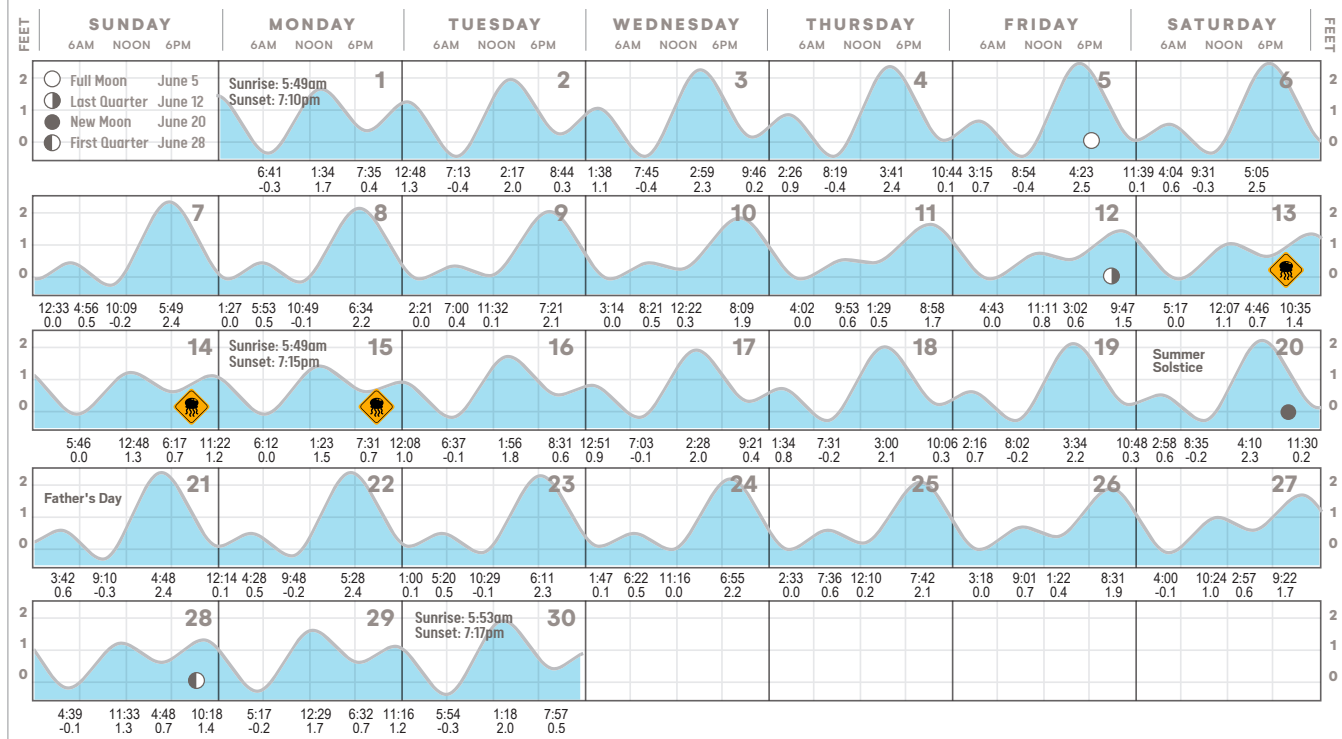
Outrigger Canoe Club

May 2020

OCC Tide Calendar



June 2020



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 Member: 49 years

C. Robert Clarke
 DECEASED: APRIL 5, 2020
 Member: 75 years

Jeffrey Maurer
 DECEASED: MARCH 5, 2020
 Member: 14 years

Douglas Schramel
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 Member: 59 years

PHOTO BY TOMMY SHIH

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